Personal, Social and Emotional Big Ideas

At The Russell School, our children will…

Become me

- Become self-sufficient in managing themselves
- Develop strength of character
- Understand physical health and learn to look after some aspects of this themselves
- Understand mental health and learn the vocabulary around feelings
  Build a range of strategies to support their own regulation
- Be and feel safe

Become a friend

- Build relationships based on trust, kindness and empathy
- Become aware of how their actions affect others
- Understand the needs and wants of others
- Show empathy and care towards others
- Develop the emotional literacy to read emotions in others
- Understand the turn taking element of friendships

Become a citizen

- Develop the skills required to be heard within a large group and allow others their turn to speak
- Understand teamwork
- Take on responsibility
- Learn and recognise the importance of values